

MAYNARD

PUBLIC SCHOOLS

HEALTH SERVICES DEPARTMENT

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Dear Parent or Guardian of Grade 5 through 7 Students:

The Fowler School will initiate the annual **Postural Screening** on Physical Education (PE) days beginning in late March for Grades 5 through 7.

Postural Screening will be performed by the school nurse during PE classes in a 1:1 private area. ***Prior to the screening, Fifth Grade students will be shown a video explaining the screening process*** (date yet to be determined).

The purpose of the screening is to detect early signs of possible spinal problems in children, such as scoliosis. It is not a diagnostic service but a program to identify young people who should have further medical evaluation.

If your child has any unusual findings, you will be notified and asked to take the child to a physician as a precaution. The majority of students exhibit no findings. If nothing unusual is found, we will not be contacting you again until the screening next year.

Female students are asked to bring a swimsuit top, halter, or sports top to school the day of the screening. This type of clothing permits a more accurate observation of the back. All students will be given advance notice prior to their screening so they can come prepared.

When your child has a routine physical exam, the physician automatically performs postural screening. **If your child has had a recent physical exam** (dated September 2016 or later), **please forward a copy to the Health Services Office as this will complete the requirement of the annual school screening for your child.**

If you have any questions, please contact your child's school nurse.