MAYNARD

PUBLIC SCHOOLS

HEALTH SERVICES DEPARTMENT

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February 10, 2017

To Parents/Guardians of 4th Grade Students:

This is to notify you that I will begin State mandated screenings on 4th grade students after we return from the February break. The screenings are **Vision** and **Body Mass Index** (BMI). Both screenings will occur 1:1, in a private area and results will be kept with your child's school health record.

BMI is a measure that is used to show a person's "weight for height for age." It is calculated using an individual's height and weight. Just like a blood pressure reading or an eye screening test, a BMI can be a useful tool in identifying possible health risks.

If your child wears glasses, they should bring them to the vision screening. You will be notified by mail *only* if your child *fails* their screening.

Please call me if you have any questions or specific concerns about either screening.

Thank you,

Mary Ferranti, RN Fowler School Nurse 978-897-9234